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14	4		CONCACAF	
		2007		
5	6		CONMEBOL	
		2007		
77	1	2007	AFC	
40	2		CAF	
		2008		
1	1	2008	UEFA	
82	3		OFC	
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9	8+	0	8	0	0	3	3	
4	0	2	2	1	1	1	3	
2	1-	1	0	1	2	0	3	
1	7-	7	0	2	1	0	3	

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9	7+	3	10	0	0	3	3	
3	2-	6	4	2	0	1	3	
3	2-	5	3	2	0	1	3	
3	4-	7	3	2	0	1	3	

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(2010) (Christopher, Carling)

4986

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4871

() (2009-2008 2008 -2007)

%62 %0,2

28

%34,3 m 38-/+191

-) h.km 19,0 14,1 %25,6 (1-)h .km > 19,1

%27,6 (1-)h .km 14.0 11,0 %12,5 (1

(2007) .(1-) h .km < 11,0

2006 m0,7 -/+ 4.2

h(1-) .km 0,9 -/+ 10,3

24,9 (1-) km.h 1,0 -/+ 12.9

(1-) h.km 2,4 -/+

-/+53,4 ()

0,2 -/+ 2,0 0,1 -/+ 1,1 8,1

0,017 p)

(0,54

5 32 4 14 (p < 0,001(

2 7

146 64

21

(2007) (Nasrollah, Sajad & Nader,

: (2003) & Srhoj Ragulj Rahnama)

44 (2006)

1999

80

143

2,23 64

% 52,4

140-70 %61

%46: %48 :) %47

(%65) .(%12 : (%72) (0,05 ≥ α)

(1993) %11,1

12 1992 %5,5

%2,9 %5,1

%2,6 %18,1

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2005 2004

%49,11 %50,16

(1992)

%53,7

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24,40	179,50	174,87	177,00	
25,95	186,33	179,57	184,57	
25,30	175,50	174,00	181,50	
25,25	183,00	177,55	184,14	
26,90	179,25	179,00	183,00	
26,45	180,00	176,50	179,85	
28,00	183,50	178,00	184,37	
24,70	180,25	177,25	182,12	
25,86	180,91	177,09	182,06	

(5)

		3		2		1		
22,33	180,66	21	183	21	186	25	173	
27,00	192,66	23	195	26	195	32	188	
30,66	184,33	35	186	26	187	31	180	
27,33	189,00	26	187	28	196	28	184	
26,66	190,33	24	191	27	194	29	186	
33,33	182,00	30	176	34	182	36	188	
28,33	190,00	22	190	32	190	31	190	
25,66	188,33	23	185	24	193	30	187	
27,66	187,16							

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22.33

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5,75	187,17	24	
6,33	182,10	61	
14,33	175,53	62	
5,46	181,32	37	

(7)

0.000	9,93	925,18	3	2775,54	
		93,17	180	16770,29	
			183	19545,83	

(8)

*5,85	*11,64	*5,07	187,17	
0,78	*6,57		182,10	
*5,79-			175,53	
			181,32	

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()
14,930

11,084

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4655,6

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	5	4	3	2	1	
3973,3	 	 	3940	3916	4064	
4172,0	4788	3810	4358	3968	3936	
3557,0	3819	3364	2787	3462	4353	
4490,0	 	 	4236	4906	4330	
3517,2	3484	3630	3038	4341	3093	
4519,2	4280	4600	4680	4825	4211	
4655,6	 	 	4574	4496	4897	
3942,6	 	 	3805	4280	3743	
4103,4						

(10)

10,423,9	 	 	10,600,0	10,385,5	10,286,4	
11,084,1	13,954,2	10,807,3	10,704,7	10,627,4	9,327,0	
10,764,8	13,473,8	10,559,0	9,047,9	10,383,4	10,360,1	
10,662,9	 	 	10,766,4	10,405,4	10,816,9	
10,257,8	10,493,1	10,144,3	9,809,5	10,609,6	10,232,5	
10,919,1	10,979,6	11,057,3	10,524,9	11,377,7	10,656,2	
10,874,1	 	 	11,013,2	10,455,1	11,154,0	
10,247,9	 	 	9,868,1	10,668,8	10,206,8	
10,654,3						

(11)

%46	%138	3	
%45,2	%226	5	
%58,6	%293	5	
%44,6	%134	3	
%55	%275	5	
%43	%215	5	
%52,6	%158	3	
%50	%150	3	
%49,3	%1589		

(12)

	120-106	105-91	90-76	75-61	60-46	45-31	30-16	15-0	
4		1		1	1		1		
11	1		2	1	3		2	2	
14			3	2	1	4	1	3	
8				2	1		3	2	
3			1	1	1				
4					2	1		1	
44	1	1	6	7	9	5	7	8	
	%2,2	%2,2	%13,3	%15,9	%20,4	%11,3	%15,9	%18,1	

(13)

%12,96	14	21,6	108	5	
%10,47	11	21,0	105	5	
%11,59	8	13,8	69	5	
%7,54	4	10,6	53	5	
%6,77	4	19,6	59	3	
%10,0	3	10,0	30	3	
%4,0	0	8,3	25	3	
%5,55	0	6,0	18	3	

(14)

0,000	0,971
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(15)

%81,1	2619	3229	5
%78,6	2077	2640	5
%75,5	1805	2389	5
%60,0	1095	1824	5
%74,2	1086	1463	3
%74,2	1081	1456	3
%70,4	860	1220	3
%65,5	762	1163	3
%72,4			

(16)

%80,5	560	139	695	5	
%78,0	398	102	510	5	
%78,3	468	119,4	597	5	
%65,0	256	78,8	394	5	
%78,8	291	123	369	3	
%72,1	179	82,6	248	3	
%68,2	168	82	246	3	
%70,1	195	92,6	278	3	
%73,8					

(16)

%70,1

%80,5
%78,8

(18)

%85,2

%81,5

%79,3

%68,2

%70,1

(17)

%80,3

%78,8

%72,4

(17)

%80,3	596	148,4	742	5	
%78,0	398	102,0	510	5	
%78,2	485	124,0	620	5	
%66,2	261	78,8	394	5	
%78,8	291	123,0	369	3	
%72,1	179	82,6	248	3	
%68,2	168	82,0	246	3	
%70,1	195	92,6	278	3	
%73,9					

(18)

% 85,2	1683	395,0	1975	5	
%81,5	1298	318,4	1592	5	
%79,0	1033	261,2	1306	5	
%62,5	620	198,4	992	5	
%79,3	657	276,0	828	3	
%76,6	707	307,3	922	3	
%75,0	527	234,0	702	3	
%72,4	442	203,3	610	3	
%76,4					

(19)

%67,2	376	111,8	559	5	
%70,8	381	107,6	538	5	
%62,5	304	97,2	486	5	
%50,0	219	87,6	438	5	
%51,8	138	88,6	266	3	
%68,1	195	95,3	286	3	
%60,6	165	90,6	272	3	
%45,4	125	91,6	275	3	
%59,5					

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An Analytical Study of the Skill Performance of Arab Teams Represented Asia and Africa in the Continental Championship in South Africa 2009 Comparing it with Best Similar skill in the Continental Teams

*Mohammed Bakir **

ABSTRACT

This study has aimed to analyze the skill performance of arab teams and to compare it with similar skill in the continental teams. A description method was used in this study. The sample of this study included all the continental national teams participated in the F.I.F.A Cup in south Africa 2009 which was consisted of 184 players, six national continental winner teams and the world cup winner 2008 beside the hostess country participated in the championship. The study has reached to the following results:

1. The arab national teams has clear weaknesses in the technical skills compared to the other continental national teams.
2. There is a clear superiority in shooting skills for the continental Teams in comparison with arab team's results.
3. There is a clear superiority in possession of the ball skills for the continental teams in comparison with arab teams.
4. There is a clear deferens in some anthropometric measure (height of players) for the continental teams in comparing with Arab teams.
5. The arab national teams has clear weaknesses in the physical fitness compared to the other continental national teams.

This study recommends paying more attention to essential training of skills in early ages, depending upon modern training methods, and concentrating on developing shooting skills in similar conditions to actual competition.

Keywords: Analytical Study, Skill Performance, Continental Championship, Football.

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