

\*

) 10 24 ( 47 41) 88 .  
 . 176 (

(Jones and

.Cale, 1989; Hardy and Parfitt, 1991)  
 (Reversal Theory)  
 (Jones, 1991)

(Jones, 1995; Jones and

.Hanton, 2001)

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.2009/1/18

2008/2/24

(1966) Spielberg

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-2

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(1966) Spielberg

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(Liebert and Morris, 1967)

(Endler, 1978;

Borkovec, 1976)

(Jones and Swain, 1992)

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(Jones and Hanton, 1996)

-

(Perry

(Hanton and Jones, 1997)

and Williams, 1998)

(Mellalieu, Hanton and O'Brien, 2004)

(Hanton, Evans and Neil, 2003)

Raudsepp Kais  
12 12 (2005)  
(Swain and Jones  
1996; Eubank and Collins, 2000)  
%85 (1994) Jones et. al.  
( )  
%15  
( )  
(Jones and Swain, 1995)  
-  
-  
(Eubank and Collins, 2000;  
Hanton and Jones, 1999)  
(Williams  
and Anderson, 1987; Wittig, Duncan and Schurr, 1987)  
( )  
(Parfitt and Hardy, 1993;  
Parfit and Pates, 1999)  
48 (1993) Mathews  
(Gould, 20 2 24  
(Pettichkoff, and Weinberg, 1984)  
(1998) Wiggins ( )  
1 2 24  
(2005) Raudsepp Kais (1999) Hanton Jones  
(12)

(12)

41 (11)

4 4) 47 - -

( )

(Gould, et. al., 1984; Martens, Vealy and Burton, 1990; Jones, Swain, and Cale, 1991; Swain and Jones, 1992)

2004/5/25 - 5/5

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		-1
		-2
		-3
/		-4
		-5
		-6
		-7
/		-8

24

.( )

(2000 )

16.88

15.85

.87

(1)

.106

(

(

7 (%80.00)

8

(

(%87.5 )

(1)

				( )					( )
1.92	1-3	16.01	12		2.08	1-3	16.35	12	
3.18	2-6	16.07	12		3.11	1-5	17.12	09	
1.67	1-5	16.10	15		2.47	2-3	17.05	10	
4.75	2-9	15.07	08		4.53	1-10	16.00	10	

(Illinois Competition  
Martens (A) Questionnaire)  
(1990, p.53) Burton Vealy  
(The Sport Competition Anxiety Test for  
Adults (SCAT-A))

0.91 0.88 0.92 0.89

(Scheffe)

.05

34

17

.89

(Pearson)

8

15

)

(

(1)

(2)

(3)

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(2 )

) "

"

(%98.9)

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(

(%65.9)

"

(%33.0)

(2)

%			
65.9	58		1
33.0	29		2
1.1	01		3
0.0	00		4



.(4 ) (2.496) -  
 .(2.110) - (2.298)

(Kaisand Roudsepp, 2005, Swain and .

Jones, 1992, Jones, Swain and Cale, 1991) - (2.413) -

(4)

.063	-1.914	40	.428	2.110	41		
			.545	2.298	41		
.456	0.735	46	.540	2.496	47		
			.644	2.413	47		
.553	-0.596	87	.525	2.314	88		
			.599	2.359	88		

.(5 ) -  
 (3 ) %20

( )

.(F=14.289 P <.05)

( )

(5)

.063	2.334	2.076	4	8.304	
*.000	14.289	12.712	1	12.712	
.912	0.092	02-8.213	2	0.164	×

(6)

0.55	0.60	1	0.55	2.304	
			0.64	2.461	

(X̄ = 2.461)

(X̄ = 2.304)

(6 )

) (7 )

.(8  
(7)

.151	1.872	.522	3	1.567	
		.279	37	10.323	
			40	11.890	

(8)

.000	8.028	2.268	3	6.805	
		.283	42	11.867	
			45	18.672	

8.028 = F

-

.000

(7 )

.(Schffe)

(8)

(9)

-

.457	0.361	-
.967	0.105	-
*.001	1.100	-
.690	0.256	-
*.042	0.739	-
*.001	1.100	-

.1.100

(9 )

-

.05

-

1.100

0.79

P=0.35.)

$(\pi = .226$

$)(10 )$

(10)

				( )
*.035	.226	88	-	
.249	.184	41	-	
.143	.219	47	-	

( )

(Parfitt and Pates, 1999;

Mathews, 1993; Kais and Raudsepp, 2005)

(1998) Wiggins

24

Witting,

Williams and

(1987) Duncan, and Schurr

(1991) Anderson

(Kais and Raudsepp, 2005; .

Wiggins, 1998; Swain and Jones, 1992; Jones, Swain, and Clae, 1991; Marten, et. al., 1990)

The McClelland-) (2000) Gill

.(Atkinson Model

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## Competitive State Anxiety among High School Basketball Players

*Amira Abida\**

### ABSTRACT

The aim of this study was to examine changes of level and direction of competitive state anxiety. Basketball players (41 males and 47 females) competed in the final games of high schools championship in Jordan, completed the Competitive State Anxiety Test for Adults (SCAT-A) twice- first 24 hours and second - pre 10 mints of the final game, and a total of 176 questionnaires overall. Statistical analysis revealed an increase (not sig.) of anxiety level as players nearer in time to the final game. Results also indicated no significant differences of anxiety level based on sex. A significant differences indicated that more experienced females were lower in their state anxiety level. Generally, the level of anxiety was positively and low related to event's time.

**Keywords:** Competition, Anxiety, Championship, Players, Basketball.

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